Stadt Landau in der Pfalz

Hello Baby – Welcome to Landau

Advice and support for expectant and young parents

The birth of a child is something very special. Life as you know it is turned upside down, and everything has to be rediscovered. A wonderfully exciting time that also brings challenges.



We would like to accompany and support you during this phase of your life. Together with our partners, we have established a network of contact points here in Landau that are available to assist you with any questions or concerns.

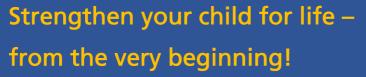
You can find the addresses overleaf.



Lena Dürphold

Head of Department for Social Affairs, Youth, Schools, Sports, Cultural Heritage, VHS and städt. Klinikum Stadt Landau Clarissa Lorenz-Jahn

Head of Youth Welfare Office Landau in der Pfalz



- ♥ Hold your baby in your arms and look at him or her.
- ▼ Smile at him or her soon a smile will come back.
- ▼ Talk to your child from the beginning.
- ♥ When your baby cries or screams, he or she needs you.
- ▶ Pay attention to your baby's hunger signs, such as sucking on his or her fist.
- ▼ Your baby will let you know when he or she needs to rest, for example by looking away.

You can't spoil your baby in the first few months.

So don't worry, listen to your gut.



We are happy to be there for you!

Advice centers:

Caritas-Zentrum Landau

Pregnancy counseling Parenting, marriage and life counseling Königstr. 39/41, 76829 Landau 06341 93550 caritas-zentrum.landau@caritas-speyer.de



Haus der Diakonie Landau

Social and life counseling with pregnancy counseling Cure and recreation services Westring 3a, 76829 Landau 06341 4826 slb.ld@diakonie-pfalz.de



Pro Familia Landau

Pregnancy counseling Parental allowance advice Xylanderstraße 21, 76829 Landau 06341 82424 landau@profamilia.de



Frühe Hilfen:

Haus der Familie Landau

Family midwives Kronstraße 40, 76829 Landau 06341 985818 hausderfamilie.landau@evkirchepfalz.de www.hausderfamilie-landau.de



Caritas-Zentrum Landau

Baby counseling Help with crying, sleeping and feeding problems Königstr. 39/41, 76829 Landau 06341 9355-0 babyberatung-landau@caritas-speyer.de



Caritas-Zentrum Landau

Stadtjugendamt Landau in der Pfalz

Friedrich-Ebert-Str. 3, 76829 Landau 06341 13-5104 jugendamt@landau,de

Hallo Baby-Team Jana Böhm, Karoline Distler und Veronique Wenzel 06341 13-5132 hallobaby@landau.de

